



**Shady Creek Outdoor Education Foundation**

## **Fit Quest Family Camp Application**

*Brought to You by Sutter Health*

School Year 2020/2021

**Program Application**

### **FIT QUEST FAMILY CAMP**

**Yuba and Sutter Counties:** November 12, 2021 check-in @ 5:00PM, and check-out, November 14, 2021 at 1:00p.m. *(Early Arrival Friday at 3:00 p.m., there will be activities planned.)*

Applicants: Please fill out application in full and return to: Logan Wolfe, FitQuest Coordinator, at [fitquestcentralvalley@gmail.com](mailto:fitquestcentralvalley@gmail.com) .

Additional information can be found at: [www.shadycreekoef.org](http://www.shadycreekoef.org) or by calling: (530) 520-0646.

#### **Notice:**

*Fit Quest Family Camp (Brought to You by Sutter Health Sierra Region and Shady Creek Outdoor Education Foundation) is a free program with limited room for participation. Applicants chosen to participate will be contacted directly. Participation acceptance covers program, lodging, meals, and provided transportation fees that will be paid directly to Shady Creek Outdoor Program on the participant's behalf.*

#### **Description:**

Shady Creek staff will facilitate experiential learning in nutrition and physical fitness focused workshops, activities and programs. The goal of the weekend is to educate the family unit on the benefits of:

- Healthy meals and snacks as a choice
- Family fun and fitness (through physical activity)
- Self-confidence and positive body image

#### **Eligibility Criteria Includes:**

1. Maximum family participation of eight (must include 2 adults for more than 2 children).
2. For children(s) 2-17 years of age. (Child care will be provided for children age 2-5 during instructional periods.)
3. At least one child must have participated in the Shady Creek Outdoor School program during the current school year.
4. The ability to get to and from the transportation pick-up site (transportation from Yuba City and Marysville to Shady Creek Outdoor School and back will be provided at no cost).
5. The ability to provide for family participants the necessary items for the weekend as described in the 'What to Bring' list (provided separately).
6. Description of why the Fit Quest Family Camp program could be a benefit to your family.

**SECTION ONE: APPLICANT FAMILY INFORMATION**

PLEASE PRINT

**CONTACT FIRST NAME:** \_\_\_\_\_ **LAST NAME:** \_\_\_\_\_ **MIDDLE INITIAL:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_ **CITY:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**PHONE NUMBER:** \_\_\_\_\_ **COUNTY:** \_\_\_\_\_ **EMAIL:** \_\_\_\_\_

**MAILING ADDRESS (IF DIFFERENT THAN ABOVE):**

**ADDRESS:** \_\_\_\_\_ **CITY:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**TOTAL NUMBER OF PARTICIPATING FAMILY MEMBERS:** \_\_\_\_\_

<b>Names:</b>	<b>Age and Relationship (Parent, Grandparent, Child, etc.):</b>
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**SECTION TWO: FAMILY ELIGIBILITY**

**Name of Student Participating in Shady Creek Outdoor School:** \_\_\_\_\_ **School Name:** \_\_\_\_\_

**Students Teacher:** \_\_\_\_\_ **Date Student Received Visits from Shady Creek Staff:** \_\_\_\_\_

The Family will need transportation from the pick-up location for Family Camp to and from the Shady Creek Outdoor School:  Yes  No

The Family will be able to provide the necessary items for all participating family members as described in the “What to Bring” list:  Yes  No

The Family agrees to participate in the entire Friday – Sunday weekend program:  Yes  No

**SECTION THREE: BENEFIT TO FAMILY**

Describe why participating in the Fit Quest Family Camp could be a benefit to your family (attach a separate document if needed).

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We are applying for consideration for Family Camp, date:

- July 16-18, 2021 Yuba and Sutter

Applicant(s) signature(s) confirms that he/she is the legal parent or guardian of all children included in this application and that they have the legal authority to make decisions regarding their healthcare and inclusion in this program.

\_\_\_\_\_  
Applicant Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Applicant Signature

\_\_\_\_\_  
Date

**Application End**

Applicant, we would like to thank you for your application and interest in participating in the Fit Quest Family Camp at Shady Creek Outdoor Education Program. All approved applicants will be notified by phone, email or mail regarding the status of their application.

**Program Sponsors**

**Sutter Health Sierra Region**

**Shady Creek Outdoor Education Foundation**

Mission Statement: *To promote access to Shady Creek Outdoor Program for students within our service area, and to support the continued operation, growth, and improvement of the Shady Creek Outdoor Program.*

Shady Creek Outdoor Education Foundation  
970 Klamath Lane · Yuba City · CA · 95993 (530) 933-0907 · [www.shadycreekoef.org](http://www.shadycreekoef.org)